

Your Journey of Self Illumination with the Gene Keys

Thank you for your interest in the Gene Keys.

Your Gene Keys Profile is a means of unlocking the enormous potential of your life.

Here is a list of recommended steps for anyone who wants to start their journey with this profound wisdom.

It takes some energy and focus to bring the transmission 'alive', and it is one of the best and most empowering things you'll ever do.

Simply by reading, listening and filling your mind with the information, it has no choice but to spring to life along with all of the miracles, insights and breakthroughs within.

My 4 Recommended Steps:

1. The Compass - Download your **Gene Keys Profile** [HERE](#)

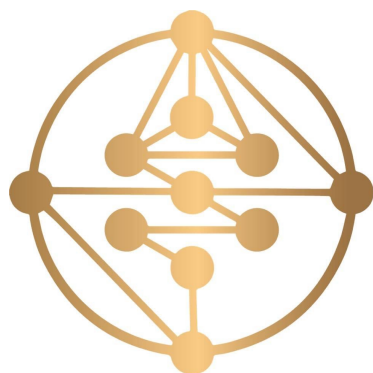
2. The Map - Get your copy of the **Gene Keys Book** [HERE](#)

3. The Journey - Get the **Activation Sequence** [HERE](#)

The **First Step of the Activation Sequence** (the 4 outside green Gene Keys in your profile) is **Free**. Listening to the included videos and audios as well as reading about them in the book and the PDF files will begin and deepen your individual process.

4. As an option, you might find more clarity in having a session with someone who is deeply embodied in the Gene Keys wisdom. **Reach out to me for Guidance with your Gene Keys Profile** [HERE](#)

Enjoy your journey of Self Illumination.



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It is normal if you feel that you perhaps don't 'get it' straight away, yet important to know that the information is not designed to be grasped or digested by the mind. This is literally a reprogramming language for your genetic code and your mind, the words are sinking in at a far deeper level than the separate mind will understand.

Trust that, and keep going!

The Gene Keys Golden Path Sequences:

The best way to bring the Gene Keys alive and ground in a deeper understanding is beginning with the Activation Sequence. It is a really simple, affordable and extremely potent tool that will allow you to follow some structure and give you more insights and details into the all important spheres and 'line numbers' - the foundation of this work.

The 3 Most Significant Questions for your Awakening Process:

- What is your purpose in life?

Get The Activation Sequence - [HERE](#)

- How fulfilling are your relationships?

Get The Venus Sequence - [HERE](#)

- How integrated are you into your community?

Get The Pearl Sequence - [HERE](#)

I have found that these 3 sequences are a prerequisite for your awakening!

The Patterns

The below pdf are the **64 Archetypical Victim Patterns** and **Dilemmas** for each Gene Key. It is good to have it handy for a cross reference with your enquiries. It can be seen as pulling together all of the information to have your own unique breakthrough in each archetype in your profile.

We have to explore how we can shine the light of awareness on our shadows. We all express victim aspects in our lives and every shadow state is a victim state of consciousness. Discovering our individual shadows and gifts allows us to be in the world in a more aware state through our own accountability. Instead of falling victim to our reactive patterns, it empowers us to respond, from moment to moment, knowing our true being.

Gene Keys Completion Sheet

	Siddhi	Gift	Shadow	Repressive	Reactive	Dilemma	Victim State	PP	Path
1	Beauty	Freshness	Entropy	Depressive	Frenetic	Numbness	Numbness	2	From Entropy to Syntropy
2	Unity	Orientation	Disorientation	Lost	Regimented	Agenda	External Circumstances	1	Returning to the One
3	Innocence	Innovation	Chaos	Anal	Disordered	Clinging	Chaotic Mind	50	Through the Eyes of a Child
4	Forgiveness	Understanding	Intolerance	Apathetic	Nit-Picking	Reasons	Need for Answers	49	Universal Panacea
5	Timelessness	Patience	Impatience	Pessimistic	Pushy	Surrender	Impatience	35	The Ending of Time
6	Peace	Diplomacy	Conflict	Over-Attentive	Tactless	Protection	Emotions	36	The Path to Peace
7	Virtue	Guidance	Division	Hidden	Dictorial	Boundaries	Jealousy	13	Virtue is its Own Reward
8	Exquisiteness	Style	Mediocrity	Wooden	Artificial	Imitation	The Mundane	14	Diamond of the Self
9	Invincibility	Determination	Inertia	Reluctant	Diverted	Perspective	Details	16	The Power of the Infinitesimal
10	Being	Naturalness	Self-Obsession	Self-Denying	Narcissistic	Tightness	Self-Obsession	15	Being at Ease
11	Light	Idealism	Obscurity	Fantatising	Deluded	Belief	Beliefs	12	The Light of Eden
12	Purity	Discrimination	Vanity	Elitist	Malicious	Aloneness	Need for Perfection	11	A Pure Heart
13	Empathy	Discernment	Discord	Permissive	Narrow-Minded	Pessimism	Pessimistic Mind	7	Listening Through Love
14	Bounteousness	Competence	Compromise	Impotent	Enslaved	Self-Belief	Impotent Mindset	8	Radiating Prosperity
15	Florescence	Magnetism	Dullness	Empty	Extremist	Comfort	Narrow-Mindedness	10	An Eternally Flowering Spring
16	Mastery	Versatility	Indifference	Gullible	Self-Deluded	Laziness	Techniques	9	Magical Genius
17	Omniscience	Far-Sightedness	Opinion	Self-Critical	Opinionated	Politics	Opinions	18	The Eye
18	Perfection	Integrity	Judgement	Inferiority	Superiority	Flaws	Judgements	17	The Healing Power of Mind
19	Sacrifice	Sensitivity	Co-Dependence	Needy	Isolated	Heresy	Over-Sensitivity	33	The Future Human Being
20	Presence	Self-Assurance	Superficiality	Absent	Hectic	Consideration	Insecurity	34	The Sacred Om
21	Valour	Authority	Control	Submissive	Controlling	Discipline	Need to be in Control	48	A Noble Life
22	Grace	Graciousness	Dishonour	Proper	Inappropriate	Accountability	Other's Ungracious Behaviour	47	Grace Under Pressure
23	Quintessence	Simplicity	Complexity	Dumb	Fragmented	Timing	Complexity	43	The Alchemy of Simplicity
24	Silence	Invention	Addiction	Frozen	Anxious	Gravity	Addictive Tendencies	44	Silence - The Ultimate Addiction
25	Universal Love	Acceptance	Constriction	Ignorant	Cold	Anxiety	Constrictive Breathing	46	The Myth of the Sacred Wound
26	Invisibility	Artfulness	Pride	Manipulative	Boastful	Lack	Egotism or Lack of Grit	45	Sacred Tricksters
27	Selflessness	Ultruism	Selfishness	Self-Sacrificing	Self-Centered	Consideration	Self-Sacrifice	28	Food of the Gods
28	Immortality	Totality	Purposelessness	Hollow	Gambling	Avoidance	Fear of Letting Go	27	Embracing the Dark Side
29	Devotion	Commitment	Half-Heartedness	Over-Committing	Unreliable	Postponement	Commitments, or Lack of	30	Leaping into the Void
30	Rapture	Lightness	Desire	Over-Serious	Flippant	Temptation	Desires	29	Celestial Fire
31	Humility	Leadership	Arrogance	Deferring	Scornful	Choice	Need to be Heard	41	Sounding Your Truth
32	Veneration	Preservation	Failure	Fundamentalist	Disjointed	Panic	Your Idea of Success	42	Ancestral Reverance
33	Revelation	Mindfulness	Forgetting	Reserved	Censorious	Attention	Memories	19	The Final Revelation
34	Majesty	Strength	Force	Self-Effacing	Bullish	Trying	Your Physicality	20	The Beauty of the Beast
35	Bounlessness	Adventure	Hunger	Bored	Manic	Self Indulgence	The Need for Change	5	Wormholes and Miracles
36	Compassion	Humanity	Turbulence	Nervousness	Crisis Prone	Overwhelm	Vulnerability	6	Becoming Human
37	Tenderness	Equality	Weakness	Over-Sentimental	Cruel	Submission	Your Gender Identity	40	Family Alchemy
38	Honour	Perseverance	Struggle	Defeatist	Aggressive	Habit	Your Belief in Struggle	39	Warrior of Light
39	Liberation	Dynamism	Provocation	Trapped	Provocative	Blockages	Your Moods	38	The Tension of Transcendence
40	Divine Will	Resolve	Exhaustion	Acquiescent	Contemptuous	Excess	Fatigue	37	The Will to Surrender
41	Emanation	Anticipation	Fantasy	Dreamy	Hyperactive	Planning	Your Dreams	31	The Prime Emanation
42	Celebration	Detachment	Expectation	Grasping	Flaky	Disappointment	Your Expectations	32	Letting Go of Living and Dying
43	Epiphany	Insight	Deafness	Worried	Noisy	Knowing	Needing to be Right	23	Breakthrough
44	Synarchy	Teamwork	Interference	Distrustful	Misjudging	Hierarchy	Isolation	24	Karmic Relationships
45	Communion	Synergy	Dominance	Timid	Pompous	Insecurity	Poverty Consciousness	26	Cosmic Communion
46	Ecstasy	Delight	Seriousness	Frigid	Frivolous	Fortune	Over-Seriousness	25	A Science of Luck
47	Transfiguration	Transmutation	Oppression	Hopeless	Dogmatic	Ownership	Your Karma	22	Transmuting the Past
48	Wisdom	Resourcefulness	Inadequacy	Bland	Unscrupulous	Not-Knowing	Inadequacy	21	The Wonder of Uncertainty
49	Rebirth	Revolution	Reaction	Inert	Rejecting	Needs	Emotional Reactions	4	Changing the World from the Inside
50	Harmony	Equilibrium	Corruption	Overloaded	Irresponsible	Resignation	Environmental Disharmony	3	Cosmic Order
51	Awakening	Initiation	Agitation	Cowardly	Hostile	Harshness	Anxiety	57	Initiative to Initiation
52	Stillness	Restraint	Stress	Stuck	Restless	Shallow Breathing	Stress	58	The Stillpoint
53	Superabundance	Expansion	Immaturity	Solemn	Fickle	Restlessness	Inability to Complete	54	Evolving Beyond Evolution
54	Ascension	Aspiration	Greed	Un-Ambitious	Greedy	Egotism	Drive, or lack of Drive	53	The Serpent Path
55	Freedom	Freedom	Victimisation	Complaining	Blaming	External Validation	Drama	59	The Dragonfly's Dream
56	Intoxication	Enrichment	Distraction	Sullen	Overstimulated	Pleasure/Pain	Distractions	60	Divine Indulgence
57	Clarity	Intuition	Unease	Hesitant	Impetuous	Trust	Indecision	51	A Gentle Wind
58	Bliss	Vitality	Dissatisfaction	None	Interfering	Rhythm	Ingratitude	52	From Stress to Bliss
59	Transparency	Intimacy	Dishonesty	Excluded	Intrusive	Emotional Processing	Relationships	55	The Dragon in Your Genome
60	Justice	Realism	Limitation	Unstructured	Rigid	Balance	Structures	56	The Cracking of the Vessel
61	Sanctity	Inspiration	Psychosis	Disenchanted	Fanatical	Knowledge	Obsessive Mind	62	Holy of Holies
62	Impeccability	Precision	Intellect	Obsessive	Pedantic	Facts	Language	61	The Language of Light
63	Truth	Inquiry	Doubt	Self-Doubt	Suspicion	Logic	Doubts	64	Reaching the Source
64	Illumination	Imagination	Confusion	Imitating	Confused	Consistency	Confusion	63	The Aurora

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It is important to emphasise the importance of making time to inquire into these Gene Keys and provide an inner space for contemplation so that your individual insights and breakthroughs can come alive in your experience.

It is vital for you to spend regular time penetrating a relevant Gene Key. It can be any Gene Key, most likely it will be in the beginning your Life's Work or your Evolution. This way you can get the best feeling for your individual aspects and the process. Feel into it, spend some time wherever you are drawn to and dive in!

When contemplating any of your Gene Keys, ask yourself the following questions, I recommend writing your thoughts and insights into a diary:

- **How does this Shadow show up for me?**
- **Where do I see this Shadow in others and the world?**
- **How am I expressing that Shadow aspect?**
- **How is that Victim pattern showing up for me, how do I feel?**
- **How can I recognise and activate my Gift?**

Start observing these aspects in your awareness so that you can integrate and transcend your shadows, victim patterns and reactive patterns.

If you invest approx. 30 minutes a day to read, listen to and inquire into any of your keys, a deep understanding will come alive and completely change the nature of your experience and the nature of your reality.

The Values of the Gene Keys Approach

Contemplation - Self Empowerment through unlocking your inner wisdom

Inquiry - Your outer life is always a reflection of your inner life

Gentleness - The deepest understanding cannot be forced

Patience - Breakthroughs, insights and epiphanies come in their own time

Wishing you all the best,

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